ACUTE CALCIFIC TENDINITIS
OF PERONEUS LONGUS

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We present a case of acute painful calcific tendinitis in the peroneus longus tendon which responded dramatically to a single steroid injection. Calcific tendinitis is most commonly seen in the supraspinatus tendon; less common sites include the wrist, elbow, deltoid insertion, gluteus maximus, knee, neck and forefoot (Hayes et al 1987). To our knowledge acute calcific tendinitis in peroneus longus has not previously been reported.

Immediate relief of symptoms was obtained. At review three weeks later the patient was asymptomatic. There was no tenderness and a further radiograph showed that the area of calcification had decreased in size.

Discussion. The pathogenesis of calcific tendinitis is not completely understood although calcific debris has been shown to provoke pain and inflammation in previously asymptomatic sites (Uthoff, Sarkar and Maynard 1976). In our case, early presentation and prompt steroid injection into the inflamed area gave dramatic relief.

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REFERENCES

